

Ready to create systems that bring peace and clarity? Book your **FREE** consultation today!

Light Haus Living's
Daily Alignment Check

OUT OF MY CONTROL

IN MY CONTROL

The past

Other people's actions

The future

My thoughts

My boundaries

How I speak to myself

Other people's opinions

How I care for my body today

When I rest

Asking for help

What others choose to heal or not heal

How fast things change

Outcomes beyond my effort

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LIGHT HAUS
LIVING

"Guiding you out of clutter and into clarity."

